

# Do Stage 2 Students find it easier to Concentrate Better in the Morning or Afternoon?

Aim- Our aim is to find out whether students in Stage 2 concentrate better in the morning or afternoon.

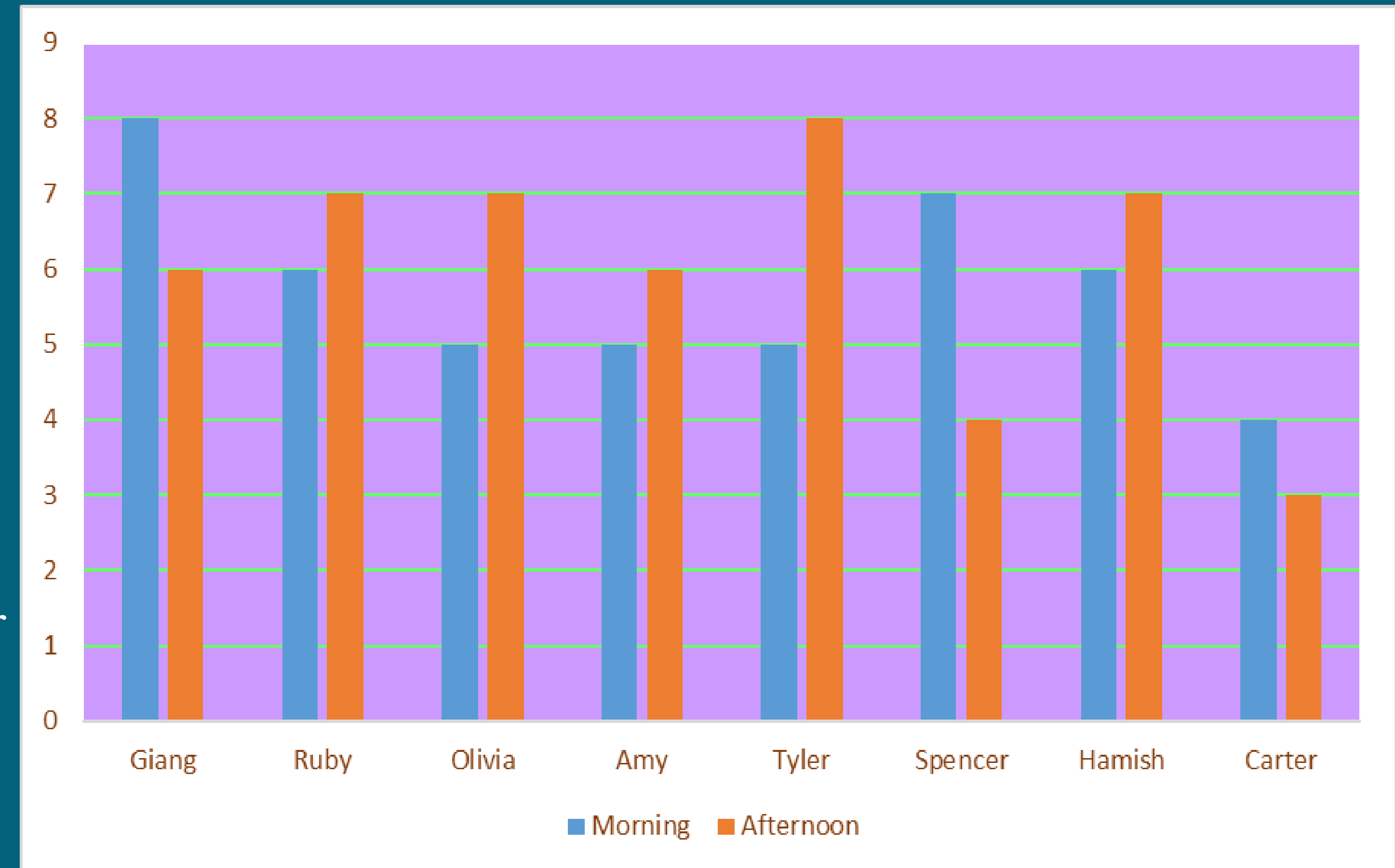
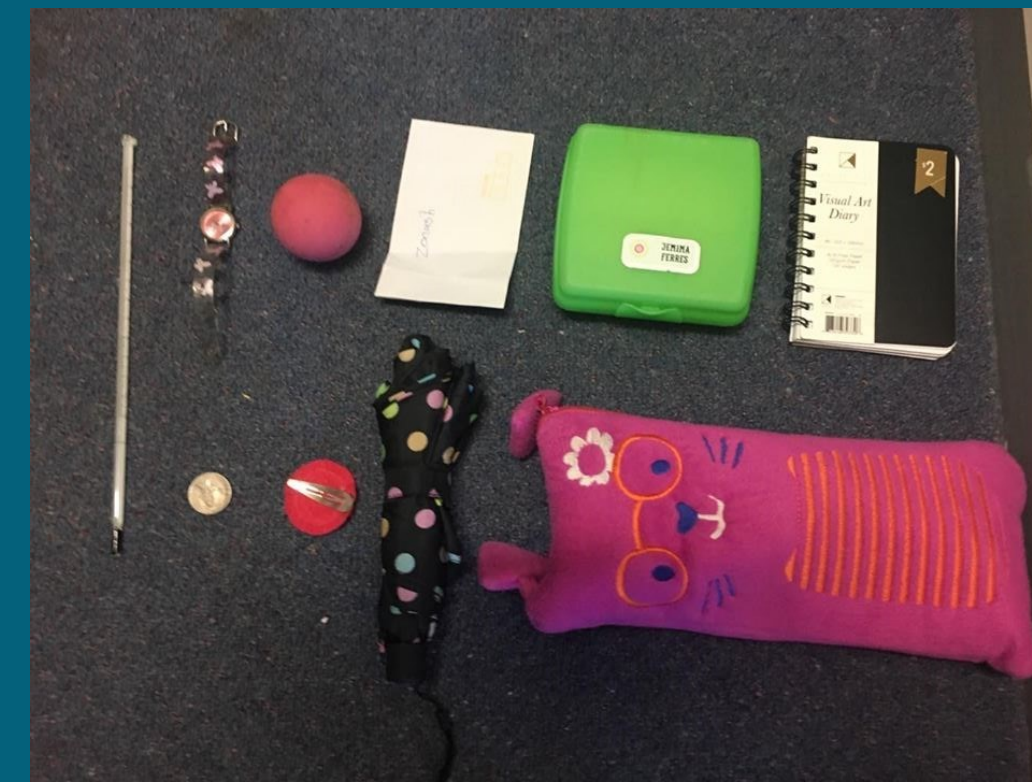
Hypothesis-We believe that students in Stage 2 will concentrate better in the afternoon rather than in the morning because their more tired in the morning and more awake in the afternoon.

Equipment-

- 20 random objects
- 8 stage 2 students
- 1 Timer
- Recording sheet

Method-

- 1-Gather 2 year 3 boys, 2 year 4 boys, 2 year 3 girls and, 2 year 4 girls.
- 2-Place 10 of the 20 objects in a small room.
- 3-In the morning get each student {on their own} to try and remember each of the items. Only give them 30 seconds.
- 4-Get the students to write down all of the items they can remember seeing. Only give them one minute to write their answer.
- 5-Repeat steps 3 and 4 again in the afternoon with the same students.
- 6-Compare the results.



Conclusion- Our hypothesis was correct because we thought Stage 2 students would find it easier to concentrate better in the afternoon. The majority of students that we tested concentrated better in the afternoon. We believe this is because people are more tired in the morning and more awake in the afternoon from being active all day.